

1. Bring together both loose ends of the ribbon and fold to create a smaller end to insert into the stopper



2. Insert the ribbon ends into the funnel end of the stopper (teeth facing away from the ribbon) until you can just grab the ribbon ends



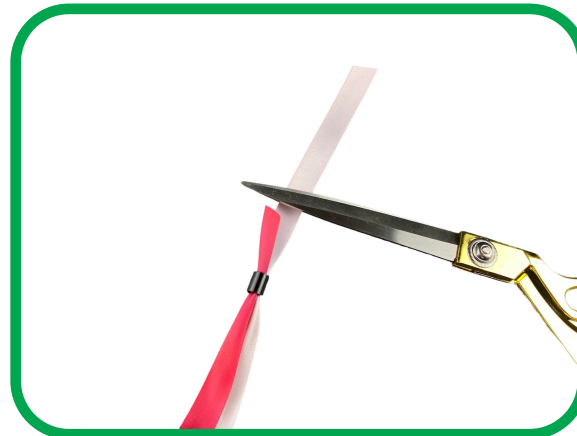
3. Place the loop over the wrist of the person wearing the wristband



WRISTBAND REMOVAL



Due to the design of the stopper, you cannot remove the wristband by pulling the stopper instead, using a sharp pair of scissors, carefully insert and cut the ribbon to remove the wristband



4. Holding the loose end of the ribbon, pull the stopper towards the wrist leaving enough space to make it comfortable without being able to be passed over the wrist of the user.